

# Giving Guide

REGIONAL PHILANTHROPIC OPPORTUNITIES



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## LETTER TO OUR READERS

Welcome to the 13th annual edition of the Giving Guide!

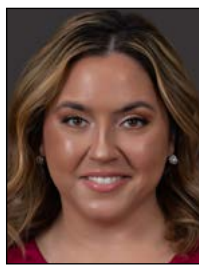
Every year it is a joy to work with nonprofits to tell their stories of fulfilling their missions and how businesses and individuals can get involved. The Cape, Islands and South Shore have an abundance of these extraordinary organizations which, with their dedicated staffs, talented volunteers and generous donors meet a diverse range of community needs. The Cape & Plymouth Business Media team applauds and thanks them for all the good work they do every day. We also recognize and are grateful for the businesses that support these nonprofits in so many ways - via donations, in-kind donations, allowing their staff the time to volunteer, helping us highlight non-profits in this guide and so much more.

Last year, in this space, we took time to reflect on a community coming out of a pandemic, and all that organizations did to meet the needs of our community. While we are still finding ways through our "new normal," community partnerships became stronger than ever. As we move into 2023, businesses continue to take care of their neighbors, and extend an extra hand to their local nonprofit.

As we do every year that we share the Giving Guide, we hope to inspire you to get involved with an organization (or organizations) meaningful to you - giving generously of your time, treasure, and talent brings untold rewards.



Dale Shadbegian CEO



Cara Cipullo, VP Marketing & Operations

## We Are Proud to Support Service of Every Kind

Cape Cod Cares for Our Troops is a non-profit 501(c)(3) all volunteer organization started in 2005 by 12 year old Dylan DeSilva.

With the help of his family and friends he sends care packages to our troops.

To date, this organization has sent over 41,000 care packages to our deployed troops.



[www.capecod4thetroops.com](http://www.capecod4thetroops.com)

Each year, members of the ServiceMaster South Shore staff gather to support Cape Cod Cares for the Troops helping in their efforts to send care packages to active-duty soldiers serving overseas.

Service is at the core of what we do, and we are happy to recognize outstanding service in our community.

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18 Jan Sebastian Drive, Sandwich

888-545-2700 · [www.servicemastersouthshore.com](http://www.servicemastersouthshore.com)



Community partnerships and support are at the heart of Mid-Cape Home Centers. With the spirit of the *Giving Guide* in mind, we're pleased to dedicate this year's annual letter space to a growing and thriving local nonprofit dedicated to community partnerships and providing invaluable resources to young professionals. CCYP has been busy enhancing existing programs and launching new initiatives. Who better to fill you in on what they've been up to than CEO Kristen Vose Clothier? — *Mid-Cape Home Centers*

Cape Cod Young Professionals (CCYP) is grateful to all of our Cape Cod community partners – including Mid-Cape Home Centers – for your long-standing support for our 501(c)(3)'s mission to shape the Cape by creating opportunities for our region's workforce and aspiring leaders to connect, engage, advance, and lead.

CCYP's events, programs, and initiatives are built on collaboration and teamwork, both within our organization and in partnership with thousands of individuals, businesses, and nonprofits Cape-wide. We could not do all we do without all of you!

One of the key roles of CCYP is to bring Cape Cod's leaders and up-and-coming leaders together through regional events to exchange innovative ideas and identify actionable strategies for ensuring that all Cape Codders have an opportunity to live, work, and thrive. Each year, CCYP partners with many of the exceptional people, businesses, and organizations represented in this *Giving Guide* to implement initiatives designed to enrich, sustain, and elevate our vibrant Cape Cod community. We hope you will all join us in the year ahead. Here are a few save the dates!

- February-June | CCYP Cape Women's Leadership Initiative
- March 28, 2023 | Shape the Cape Summit
- April 12, 2023 | Civic Engagement Training Program in Partnership with JFK Hyannis Museum
- May 16, 2023 | Cape Cod Women's Business Summit (CCWA, SCORE, and CCYP)
- September 21, 2023 | Back to Business Bash
- Year-Round | Small Business Resilience Initiative
- Year-Round | Cape Cod Connect Events

Visit our website for upcoming events, resources, and registration information: [capecodyoungprofessionals.org](https://capecodyoungprofessionals.org)

CCYP encourages our members and supporters to give back to the Cape community by volunteering for local nonprofits, engaging civically, participating in our new community service programs, serving as mentors, and supporting the local economy.

Everyone is also invited to participate in CCYP's Impact Fund, a collective giving program. Join us in "Giving Back & Making an Impact!" The CCYP Impact Fund, in partnership with The Cape Cod Foundation, pools donations from many CCYPers and invests 100% of these funds back into the Cape Cod community each year through grants to local nonprofits and CCYP's Career Connect Scholarship program.

CCYP Impact Fund participants provide input on annual grantmaking to nonprofits; since inception of this program in 2015, more than \$40,000 in grants have been awarded. In addition, more than \$100,000 in scholarships have been awarded since CCYP's Career Connect Scholarship program was established. The CCYP Impact Fund is an opportunity for people to pitch in what they can and have their contributions pooled with others' to amplify impact and make a tangible difference in the lives of Cape Codders.

As you flip through the pages of this *Giving Guide*, we hope you'll be as inspired as we are by the exceptional people and organizations featured. Let's all give back in the year ahead by volunteering, engaging, and supporting this important collective work.

On behalf of the CCYP team, we look forward to partnering with you in the year ahead to make a positive impact on our region!

All the best,

*Kristen Vose Clothier*

**Kristen Vose Clothier** CEO, Cape Cod Young Professionals (CCYP)



The 2022 CCYP Shape the Cape Summit session on "Lessons in Professional and Community Leadership from the Building, Hospitality, and Service Sectors" included panelists representing Cape Associates, Scargo Cafe, Mid-Cape Home Centers, American Culinary Federation of Cape Cod and the Islands, and the Home Builders and Remodelers Association of Cape Cod.



Members of CCYP's Board of Directors at the 2022 Shape the Cape Summit.



## Cape Cod Climate Change Collaborative

c/o Glivinski & Associates Inc.  
261 Whites Path, Suite 5  
South Yarmouth, MA 02664  
info@capecodclimate.org  
Facebook @capecodclimatechange  
Instagram @capecodclimatechange  
Twitter @capecod\_climate

### Mission

The Cape Cod Climate Change Collaborative is a non-profit 501(c)(3) organization whose mission is to reduce ways in which the Cape & Islands region contributes to climate change and to protect our region from its potentially devastating impacts.

### Vision

To realize a resilient, thriving, and sustainable Cape & Islands that moves our region away from reliance on fossil fuels, embraces energy conservation and clean energy, fosters innovative climate solutions, and prevents, minimizes, and adapts to unavoidable impacts of climate change in a manner that is resilient, equitable and environmentally sustainable.

**Communicate:** Communicate about the climate crisis and about the breadth of actions, policies and initiatives that can help transform our ways of life to meet the greatest challenge of our time.

**Collaborate:** We forge partnerships with private and public sector entities and individuals to build collective climate knowledge, amplify programs, and create new initiatives to boost effective response to the climate crisis. We share information, promote best practices, and pool resources to further our mission.

**Advocate:** We work to build coalitions among individuals, faith communities, students, legislators, municipal officials, and industry leaders to support legislation, policies, and programs that advance decarbonization efforts, promote clean energy, enhance climate resilience, support adaptation strategies, and ensure healthy ecosystems that protect against climate impacts, and yield sustainable and equitable climate solutions for our region.

### Officers

Dorothy Savarese **PRESIDENT**  
Fran Schofield **VICE PRESIDENT**  
Maggie Phelan **TREASURER**  
Janet Williams **VICE PRESIDENT**  
Beth Wade **CLERK**



## Lower Cape Outreach Council

19 Brewster Cross Road · PO Box 665  
Orleans, MA 02653 · 508-240-0694  
lcoc@lcoutreach.org

### Mission

The mission of Lower Cape Outreach Council is to provide comprehensive assistance to those in need of immediate support and to encourage long-term self-sufficiency. We serve the residents of the 8 towns of Lower and Outer Cape. (Harwich/Chatham to Provincetown)

### 2023 Goals

For the past 37 years, Lower Cape Outreach Council has provided emergency food, clothing and financial assistance to residents of the 8 towns that constitute Lower Cape Cod: Brewster, Chatham, Eastham, Harwich, Orleans, Provincetown, Truro, and Wellfleet. We will continue to strive to meet the needs in our community through these three programs and raise funds to assist as many clients as possible.

### Volunteer/Giving Opportunities

Please feel free to visit our website to donate: [www.lcoutreach.org](http://www.lcoutreach.org)

**Restaurant Blowout:** Our annual restaurant blowout is a drawing which offers the chance to win gift cards to Cape Cod's most delicious restaurants, while supporting Lower Cape Outreach Council.

**Summer of Hope:** Our summer campaign focuses on our clients' own stories throughout July and August. Donors are listed on the website and in the newspaper each week.

**Gifts of Hope:** Our Gifts of Hope campaign is our largest one, and runs throughout the holiday season. Donors are listed on the website and in the newspaper each week.

### Events

**Thanksgiving Distribution:** Each year for Thanksgiving, LCOC offers turkeys, fresh produce, all the fixins and a grocery gift card to help with a Thanksgiving meal.

**Santa's Stop:** We run our Christmas toy distribution, 'Santa's Stop', in December. This is a free shop that runs for a week providing new toys, books, stuffed animals and gift cards for families in need of assistance.

**Turkey Trot:** Our annual 5k on Thanksgiving morning is a great opportunity to donate and/or volunteer for LCOC.



## Katelynn's Closet

45 Commercial St, S. Yarmouth, MA 02664  
[katelynnscloset.org](http://katelynnscloset.org)

### Mission

Katelynn's Closet, established in 2009, is a 501(c)(3) non-profit that provides needy children on the Cape and the Islands, ages 4 - 18 years old with clothing, footwear, and basics in order to help them maintain their dignity and foster self-esteem.

### How Can I Help?

Organize a drive to collect "stylish" clothing for ages 4-18; host a fundraising event; volunteer to sort and package clothing; make a personal financial contribution; make a corporate financial contribution; spread the word!

### What items does KLC accept?

It costs us a great deal of time and money to dispose of items that do not meet our standards of 'gently used.'

We cannot accept used underwear/undergarments, used socks or used swimsuits. We are always in need of new underwear, socks and swimsuits for boys and girls in sizes ranging from 4T-20. New footwear is also accepted.

### Where and when can I drop off donations?

You can bring your donations to our warehouse! Our warehouse is open Tuesdays and Thursdays 9-1. We are located at 45 Commercial St, S. Yarmouth, MA 02664

### Make a Donation

We accept donations via PayPal and personal checks. Please make your check payable to Katelynn's Closet and mail it to us at 33 North Main Street, South Yarmouth, MA 02664.

### Donate Now

We are always in need of new clothing sizes 4T-18/20 (children's only). Clothing donations may be dropped off during our normal warehouse hours.

### Gift Cards

Gift card donations to Old Navy are welcomed and needed! Please consider purchasing one in \$25, \$50, and \$75 denominations.

### Volunteer

Your time and skills are valuable assets. When you volunteer with Katelynn's Closet, you know that your efforts directly benefit your community.



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**Cape and Islands  
Veterans Outreach Center**

247 Stevens Street, Suite E  
Hyannis, MA 02601  
(508) 778-1590

[www.capeveterans.com](http://www.capeveterans.com)  
[Brian@capeveterans.com](mailto:Brian@capeveterans.com)

**Stats**

**Total number of employees:** 13  
**Annual revenues:** >\$2,000,000  
**Year established:** 1983

**Mission**

The Cape and Islands Veterans Outreach Center provides comprehensive, wrap-around services and an expansive referral network that are integrated and complementary. Our professional staff ensures that individualized support provides each veteran we serve with the tools necessary for them to return to their community as a valued citizen. Our work includes, but is not limited to, housing, counseling, 13 monthly veterans' food pantries on the Cape and Martha's Vineyard, our new Food Distribution Center in Hyannis, and our community outreach effort to ensure that veterans in need can find the help they deserve.

**Geographic Area**

Barnstable, Dukes, and Nantucket counties

**Leadership**

**James Seymour EXECUTIVE DIRECTOR**

A former Lieutenant and Chaplain in the US Naval Reserve Officer Corps, Jim more recently has been an Adjunct Professor with New England College of Business specializing in Quality Systems Management. Prior to becoming Executive Director, he served three years on the CIVOC Board of Directors.

**Michael Dunford BOARD PRESIDENT**

Retired Marine Corps veteran, having served in Operations Desert Storm and Desert Shield.

**Robert Kilmartin VICE PRESIDENT**

**William Burke IMMEDIATE PAST PRESIDENT**

**William Blaisdell TREASURER**

**Dwayne Turmelle SECRETARY**

# It Takes The Courage And Strength Of A Warrior To Ask For Help.

**At Cape and Islands Veterans Outreach Center, our mission is to provide comprehensive life sustaining services for veterans and their families.**

Thanks to the continued generosity of our supporters, we are a robust and resourceful organization with the professional capacity to serve all of our veterans.

Your support provides access to healthy food, a place to call home, professional counseling, referrals, and more.

Of every dollar raised, 91 cents is used to support the programs and services that we deliver.

**40**

Years serving  
veterans and  
their families

More than

**\$1.2  
Million**

raised in 2022

**5,092**

Veterans and  
their families  
using our  
services in 2022







Help us decorate  
and stock our new  
Centerville home  
by contributing to  
our wish list.

[www.myregistry.com/giftlist/tommysplace](http://www.myregistry.com/giftlist/tommysplace)



## Tommy's Place

617-249-4462 · [www.tommysplace.org](http://www.tommysplace.org)

Facebook and Instagram at @tommysplacekids

Tommy's Place mission is to provide one week, free-of-charge, magical vacations to kids fighting cancer. One family at a time, along with their extended family and friends, visits the home for a dream vacation to relax, make memories and most importantly have fun!

In 2023, we will have two 10-plus bedroom homes on Cape Cod (Falmouth and Centerville) which will eventually allow us to provide 104 annual vacations between the two homes. We are currently serving our 76th consecutive family since opening in Falmouth in July of 2021.

**Criteria:** Ages 3-17, actively in treatment, living permanently and full-time in New England and a referral from one of our 8 referral partner hospitals in MA, CT and RI.

Tommy's Place greatest needs are on the financial side of maintaining two year-round, fully occupied, 7,000-square-foot homes. We are actively seeking individuals and businesses for our Founding Member Room Sponsor Program as well as our Wishlist of items that we are in need of to complete our new home. Visit [www.myregistry.com/giftlist/tommysplace](http://www.myregistry.com/giftlist/tommysplace)

## Newest location, Centerville:

Due to demand the nonprofit opened its newest location this year after finding a beautiful Queen Anne, shingle-style home in Centerville Village that was built in 1881. With a few private investors, the home closed this past summer and Tim O'Connell knew the home was right the second he drove by, and then learned it was once visited by the likes of JFK and Jackie O, as well as Audrey Hepburn and Walt Disney

himself! From there the transformation began.

## The man behind the vision:

Tim O'Connell, founder of Tommy's Place, had the privilege of gifting a dream Martha's Vineyard vacation to a little 8-year-old boy named Grifyn and his family not too long ago.

"Little did I know at the time what an impact that it would have on the rest of my life, but way more importantly than that what an impact that it had on little Grifyn and his entire family. Sadly, Grifyn passed away shortly after his visit to Martha's Vineyard. While we never met, we have an iron-clad bond that will never be broken. Everyone that is close to me knows Grifyn, because I have talked about him so many times over the years. That experience touched me so deeply that it is now my goal to share his story and memory with many more kids and their families fighting childhood cancer through the opening of a dream vacation home for kids battling cancer. This vacation home is being dedicated in memory of Grifyn Sawyer."

## Ways to Give:

**Make A Financial Gift:** The greatest way to have an impact at Tommy's Place is through a gift. In order to provide FREE one-week magical vacations to our incredible guests, Tommy's Place relies 100% on the generosity of our amazing family of individual and business supporters.

**Mail A Donation** to Tommy's Place Foundation, Inc., 90 Shore Ave. Quincy, MA 02169

**Create an Event!** At Tommy's Place, we love events! No event is too small or too large! We have had individuals and businesses create events as small as lemonade stands and as large as road races, golf tournaments and concerts!



PROUD TO SUPPORT OUR NEIGHBORS WHO GENERATE COMPASSION 2696A Cranberry Hwy · Wareham, MA 02571 · (508) 295-7336 · [www.ssgen.com](http://www.ssgen.com)



### Cape Cod Children's Place

10 Ballwic Rd. / PO Box 1935  
North Eastham, MA 02651  
www.capecodchildrensplace.com  
chorgan@capecodchildrensplace.com  
508-240-3310

#### Mission

Cape Cod Children's Place is a non-profit resource, referral, and education center committed to advocating for Cape and Islands' future by building resilience, strengths and skills in children and families.

#### 2023 Goals

The ultimate goal of Cape Cod Children's Place is to use a strength-based approach to support families with young children in reaching their full potential. The COVID-19 global pandemic has put our families in a precarious position. Our goals are to remain nimble to support our families' resiliency and to "grow children from the inside out" by using our three-pronged approach with special initiatives that address priority needs.

#### Free Family Programs, Services, and Supports

- Parent/Caregiver Education, Parent-Child Engagement, Home Visiting (for families in recovery, new parents, early literacy, and families seeking resilience), Individual Family Consultations, Resources/Referrals, and Basic Needs

#### Early Childhood Education and Care

- Eastham School for Infant to 5-year-old children
- Tuition Scholarships

#### Community Engagement

- Early and Education and Care Advocacy
- Community Collaborations and Partnerships

#### Initiatives

- Cape and Islands Maternal Depression Task Force
- Fathers and Family Network
- Creating a Culture of Resilience in Early Education and Care
- Parents as Leaders

#### Leadership

Cindy Horgan  
EXECUTIVE OFFICER/DIRECTOR OF FAMILY SUPPORT



### The Sean M. Gannon Memorial Fund

The Cape Cod Foundation  
261 Whites Path, Unit 2  
South Yarmouth, MA 02664

#### Mission

The Sean M. Gannon Memorial Fund of The Cape Cod Foundation was created by Sgt. Gannon's family to honor the Yarmouth Police Department K9 Officer who was killed in the line of duty on April 12, 2018. Its mission is to promote education, health, and leadership by encouraging service through action.

#### About the Fund

The Sean M. Gannon Memorial Fund honors K9 Sergeant Sean McNamee Gannon of the Yarmouth, MA Police Department who was killed in the line of duty on April 12, 2018.

Sean was a loving husband, son, brother, and a friend to many. His leadership by example deeply affected those who knew him and touched the lives of so many on Cape Cod and beyond. His memory continues to inspire people to be their best selves.

This fund is a tribute to his values, work ethic, and dedication to our community. Grants support local programs and organizations that align with our mission.

To date, we have awarded \$35,000 in grants to support local nonprofit organizations that align with our mission. We have also awarded two full self-sponsor scholarships for the Cape Cod Municipal Police Academy.

#### Donate

**Online:** [https://capecodfoundation.fcsuite.com/erp/donate/create/fund?funit\\_id=1260](https://capecodfoundation.fcsuite.com/erp/donate/create/fund?funit_id=1260)

**By Mail:** If you prefer to mail your donation, please send a check payable to the Gannon Fund to: The Cape Cod Foundation, 261 Whites Path, Unit 2, South Yarmouth, MA 02664

#### Events

- Date TBD: Sean M. Gannon Memorial Golf Tournament
- September 2023: Mid-Cape Home Center's First Responder Appreciation Day



### Independence House

160 Bassett Lane · Hyannis, MA 02601  
Additional office locations:  
Falmouth, Orleans, Provincetown  
P: 508-771-6507 24-hr hotline: 800-439-6507  
General Inquiries: [indhouse@indhouse.net](mailto:indhouse@indhouse.net)  
Donations/Giving: [donnag@indhouse.net](mailto:donnag@indhouse.net)  
[independencehouse.org](http://independencehouse.org)  
[independencehouseteens.org](http://independencehouseteens.org)

#### Mission

To help all domestic violence and sexual assault victims, survivors and children by creating opportunities for safety and empowerment through crisis intervention, advocacy, counseling, referral, outreach, prevention and education.

#### 2023 Goals

Planning and implementing the extension of prevention programming throughout Barnstable County.

#### Stats

Independence House offers free and confidential services to residents of all 15 towns in Barnstable County. In fiscal year 2022, Independence House served 7,241 clients and provided 11,470.50 hours of combined domestic and sexual violence services through individual and group counseling, court advocacy, and hotline services.

#### Upcoming Events:

- Annual Golf Tournament: May 2023
- Annual Collaborative Benefit Concert: Summer 2023
- Annual Domestic Violence Awareness Month Community Breakfast: October 2023

#### Independence House Board:

Leda Phillips, LAER REALTY PARTNERS  
David Bogan, Esq., DAY PITNEY LLP  
Angela Nash-Hennemuth, LICSW PRIVATE PRACTICE  
Debbie Lyman, FINANCIAL CONTROLLER, ROBERT B OUR CO., INC  
Sandra Cashen, RETIRED  
Ron Larrivee, CAPE & ISLANDS ENTERTAINMENT  
Maggie Phelan, CAPE COD FIVE  
Cody Miller, CAPE COD ORTHOPAEDICS & SPORTS MEDICINE, PC  
Kristen Foresta, CAPE COD FIVE  
Lauren Kanzer (BOARD EMERITUS)  
Donna Zayatz (BOARD EMERITUS), CAPE COD FIVE

#### Volunteer Opportunities

To learn more and complete a volunteer application, visit <https://independencehouse.org/the-agency/volunteers/>.



# EXPERIENCE THAT BUILDS COMMUNITY



## Cape Cod Children's Place

Building resiliency and strength in Cape Cod families.

## Independence House, Inc.

Helping all domestic violence and assault victims, survivors and children by creating opportunities for safety and empowerment.

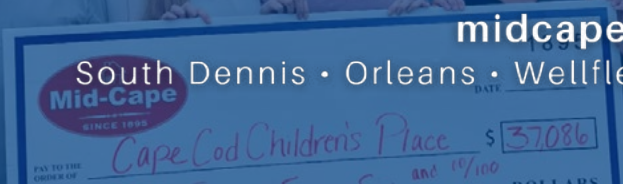
## Sean M. Gannon Memorial Fund

Supporting the education, training and well-being of local first responders.

**Team Mid-Cape is honored to partner with these incredible non-profit organizations for this year's Giving Guide & beyond!**

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**South Dennis • Orleans • Wellfleet • Middleboro • Falmouth • Martha's Vineyard**





# Supporting our communities citizen is part of who

At Cape Cod 5, we demonstrate our commitment to positively impacting our communities by integrating our efforts into every aspect of our business and thoughtfully leveraging our strengths and resources.

Our community engagement efforts are expressed in five ways:



## Community Banking

We provide high-quality community banking services to individuals and businesses and reinvest capital locally. Deposits fund loans and mortgages to promote homeownership, support economic growth and create jobs.



## Responsible Business Practices

We adhere to a strong ethical framework and sound financial policies to continually earn the trust of our customers and support our employees. We are committed to being a responsible steward of the environment.



## Corporate Leadership & Volunteerism

We are committed to supporting our team members in their community initiatives by providing Volunteer Time Off, promoting involvement on boards and committees of local organizations and celebrating their efforts.



## Advancement of Financial Know-How

We firmly believe in providing our customers and neighbors with the educational tools and resources to feel empowered to meet their financial goals no matter where they are on their life journey.



## Philanthropy

We help to support and enhance the vibrancy and vitality of our communities by providing financial support to local nonprofit organizations.

# s and being a good corporate we are at Cape Cod 5

We focus our resources in five areas where we feel we can make a meaningful difference:



Accessible  
Housing



Education and  
Enrichment



Environmental  
Stewardship



Economic  
Sustainability



Community Health Human  
Need & Active Service  
Members'/Veterans' Needs



In 2022, Cape Cod 5 contributed  
**\$1.7 million** to organizations working  
to make a positive impact in our region.

Cape Cod 5 is proud to support hundreds of organizations in our communities.  
Find out more about some of those providing services focused on basic  
human need at [www.capecodfive.com/community-resources-services](http://www.capecodfive.com/community-resources-services)



1500 Iyannough Rd. Hyannis, MA 02601 • [www.capecodfive.com](http://www.capecodfive.com) • 888-225-4636

Member FDIC





## Association to Preserve Cape Cod

482 Main St · Dennis, MA 02638

508-619-3185 · [info@apcc.org](mailto:info@apcc.org)

### Mission

Preserve, protect and enhance the natural resources of Cape Cod. A carbon-neutral Cape Cod where waters are restored and protected, natural landscapes and wildlife habitats are preserved, and where growth respects the character of town centers and rural lands.

### About Us

Founded in 1968 by a group of concerned citizens to oppose an Army Corps of Engineers' proposal to turn Nauset Marsh into a deep-water port, APCC's birth occurred at the dawn of the nation's environmental movement—the same awakening of environmental concern that produced Earth Day, the EPA, the Clean Water Act and the Endangered Species Act. APCC's landmark achievements have resulted in cleaner drinking water, preserved open spaces and restored natural habitats on Cape Cod.

### Staff

**Andrew Gottlieb** EXECUTIVE DIRECTOR

**Don Keeran** ASSISTANT DIRECTOR

### Funding

APCC received startup funding for this project from a number of sources. They include the Massachusetts Environmental Trust (MET), an important supporter of environmental projects and funded by the sale of environmental license plates through the Registry of Motor Vehicles. Over the years, additional funding was provided by a U.S. Environmental Protection Agency Southeast New England Coastal Watershed Restoration Program (SNEP) grant to the Cape Cod Commission, the Friendship Fund, and the Cape Cod Five Foundation. APCC dues and donations now fund the annual updates.

### Our Science Programs

State of the Waters: Cape Cod; Herring monitoring; Cyanobacteria monitoring; Restoration Coordination Center; Critical habitat protection; Climate change

### Volunteer

<https://apcc.org/get-involved/volunteer/>

Get started by filling out a volunteer application, or contact Kristin Andres, Associate Director for Education & Informational Services, by emailing [kandres@apcc.org](mailto:kandres@apcc.org) or calling 508-619-3185.

### Donate

<https://apcc.org/get-involved/donate/>

### Goals

The Association to Preserve Cape Cod (APCC) is a 501(c)(3) environmental non-profit organization founded in 1968 to promote policies and programs that foster preservation of Cape Cod's natural resources. APCC is a Cape-wide organization with members representing all 15 towns on the Cape. Our goals include protection of water and wetlands; preservation of open space; promotion of responsible, planned growth; and the achievement of an environmental ethic. To achieve these goals, we provide technical assistance, outreach, advocacy, science-based policies and partnership-building. APCC has established itself as the Cape's environmental leader, earning a reputation for effective policies and actions to protect our precious natural resources.

### State of the Waters: Cape Cod

The State of the Waters: Cape Cod is an annual assessment of the Cape's water quality, designed to help you understand the water quality problems that we face and the actions that are needed to address these problems. This is a multi-year project in which an annual water health report is provided each year assessing the most recent available water quality data up to and including the previous year.

### Achievements

APCC championed the Cape Cod and Islands Water Protection Fund put forward by Senator Julian Cyr and Representative Sarah Peake. It was signed into law as part of the short-term rental tax bill by Governor Charlie Baker in December 2018. The enabling legislation for Cape Cod and the Islands was amended in a supplemental budget signed into law by Governor Baker in March 2019.

APCC is a founding member of the Cape Cod Climate Change Collaborative, which was established in 2016. The Collaborative's mission is to bring the region to net zero carbon emissions by uniting available knowledge, resources, talents and tools and working with various networks representing sectors such as the faith community, transportation, education, the built environment and others.

In 2018, APCC was the first environmental organization in the nation to voice support for the Vineyard Wind offshore wind project south of Martha's Vineyard. In the summer of 2019, APCC convened a gathering of environmental and civic nonprofits and regional leaders in a public show of support for Vineyard Wind when the project was stymied by federal review.

A multi-year project was undertaken by APCC in 2018 to assess existing water quality data and to convey the findings to the public. The results can be found on a dedicated website, [CapeCodWaters.org](http://CapeCodWaters.org). State of the Waters Cape Cod also has a social media presence on Facebook and a blog. This project continues with annual updates with funding from the Massachusetts Environmental Trust.

### Advisory Committee

To help advise this project at its inception, APCC convened an Advisory Committee composed of experts in Cape Cod's water pollution issues, water monitoring, drinking water, aquatic ecosystems, fisheries, natural resource management and municipal management. Members provide advice, guidance, and data used in this project. Members of the Advisory Committee are listed below:

**Rachel Jakuba, Ph.D.**  
Science Director, Buzzards Bay Coalition

**Erin Perry**  
Deputy Director, Cape Cod Commission

**Tim Pasakarnis, Ph.D.**  
Water Resources Analyst, Cape Cod Commission

**Richard Delaney**  
President, Center for Coastal Studies

**Amy Costa, Ph.D.**  
Director of Cape Cod Bay Monitoring Program, Center for Coastal Studies

**Robert Duncanson, Ph.D.**  
Director, Department of Natural Resources, Town of Chatham

**Jane Crowley**  
Director, Department of Health and Environment, Town of Eastham

**Ivan Valiela, Ph.D.**  
Distinguished Scientist, Ecosystems Center, Marine Biological Laboratory

**Javier Lloret, Ph.D.**  
Research Scientist, Ecosystems Center, Marine Biological Laboratory

**Andrew Marks**  
Supervisor, Mashpee Water District

**Pam DiBona**  
Executive Director, Massachusetts Bays National Estuary Program

**Prassede Vella**  
Staff Scientist, Massachusetts Bays National Estuary Program

**Todd Callaghan**  
Coastal and Marine Scientist, Massachusetts Office of Coastal Zone Management

**Brad Chase**  
Diadromous Fisheries Project Leader, Massachusetts Division of Marine Fisheries

**Brian Howes, Ph.D.**  
Chancellor Professor, School for Marine and Atmospheric Sciences and Technology (SMAST), University of Massachusetts at Dartmouth

**Ed Eichner**  
TMDL Solutions

**Jordan Mora**  
Research Technician, Waquoit Bay National Estuarine Research Reserve (now with APCC)

**R. Max Holmes, Ph.D.,**  
Deputy Director and Senior Scientist, Woods Hole Research Center



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To Preserving  
Our Home.

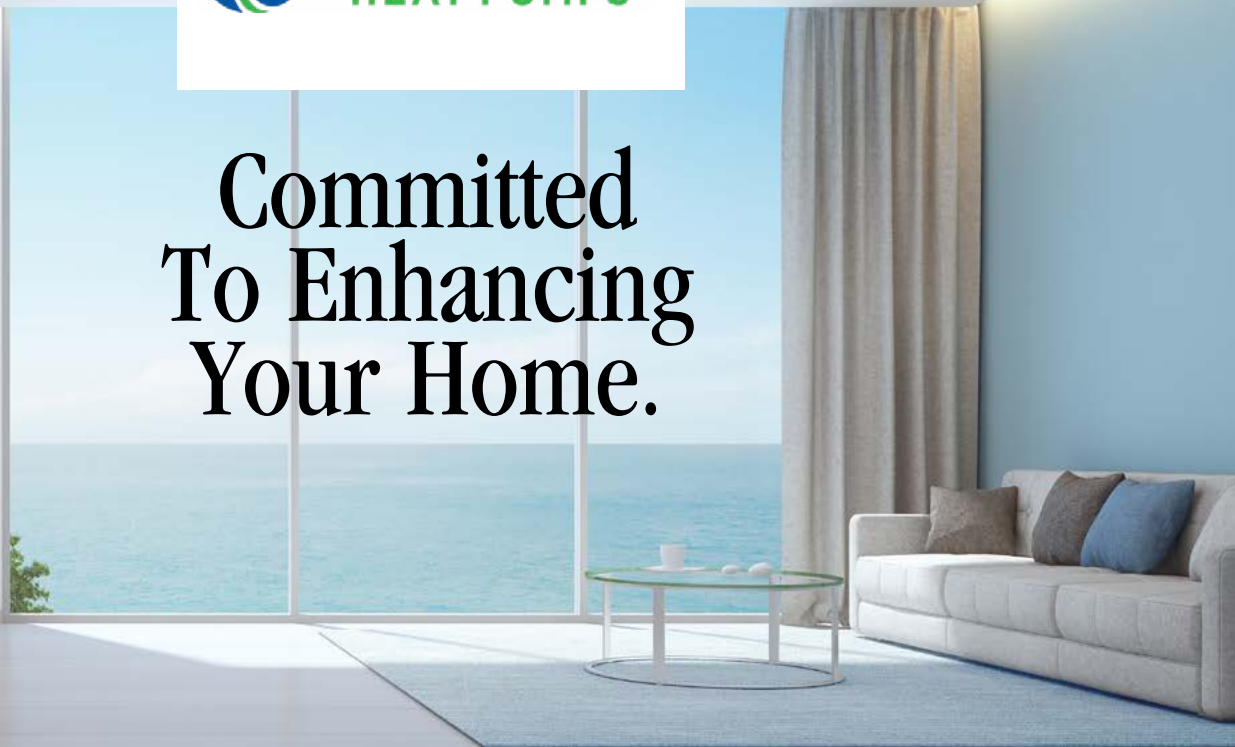


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[ccheatpumps.com](http://ccheatpumps.com)

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To Enhancing  
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**ANNUAL SHAPE THE CAPE SUMMIT & BACK TO BUSINESS BASH**  
**CCYP CAPE WOMEN'S LEADERSHIP INITIATIVE**  
**PROFESSIONAL GROWTH & ADVANCEMENT WORKSHOPS**  
**10 ACTIVE VOLUNTEER COMMITTEES MAKING AN IMPACT**  
**WORKFORCE RECRUITMENT & RETENTION ASSISTANCE**  
**ONLINE JOB BOARD & RESOURCE HUB FOR JOB SEEKERS**  
**CAPE COD WOMEN'S BUSINESS SUMMIT WITH CCWA & SCORE**  
**CAREER CONNECT SCHOLARSHIPS & GIVING CIRCLE GRANTS**  
**BUSINESS SPONSORSHIP & MARKETING OPPORTUNITIES**  
**CAPE COD COMMUNITY EVENTS CALENDAR & OUTREACH**  
**PROFESSIONAL COACHING & MENTORING**  
**SMALL BUSINESS RESILIENCE PROGRAMS & RESOURCES**  
**COLLABORATIONS & PARTNERSHIPS TO AMPLIFY IMPACT**



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# Attorney Kate O'Toole chooses WE CAN.



Each month, Conn Kavanaugh invites a different attorney or staff member to choose a charitable organization close to their heart to which the firm will make a donation.

For December, employment attorney Kathleen R. O'Toole chose WE CAN (Women's Empowerment through Cape Area Networking). She said, "They serve more than 2,100 women each year with free and confidential legal services, employment and business support, financial empowerment, mentoring, and personal development programs. I was born and raised in Barnstable, and am proud to support this terrific organization."

**CONN KAVANAUGH**

CONN KAVANAUGH ROSENTHAL PEISCH & FORD, LLP

One Federal Street, 15th Floor | Boston, MA 02110  
617.482.8200 | [connkavanaugh.com](http://connkavanaugh.com)



WE CAN serves women across the Cape, who are navigating challenging life transitions such as job loss, housing instability, divorce, health issues, financial troubles, and other crises. Upon entering the community of WE CAN, women experience an empowering, respectful, and safe environment where unique, tailored services address each person's needs.

For more information visit

[www.wecancenter.org](http://www.wecancenter.org) or call 508-430-8111.



### Cape Cod Canal Region Chamber of Commerce

Buzzards Bay Visitor Center  
70 Main Street  
Buzzards Bay, MA  
508-759-6000 (Open Year Round)  
All Cape Cod Visitor Centers  
CapeCodCanalChamber.org

#### Covering

Bourne, Sandwich, Wareham

#### Membership

500+ Members

#### Mission

Strengthen the local economy by promoting, supporting and guiding businesses, civic leadership and social agencies that positively impact the well-being and quality of life of our community.

#### Featured Events

- Cape Cod Canal Day, September 16
- Summer Spectacular
- Eastern Bank Concerts by the Canal

#### Staff

**Marie Oliva**  
President & CEO

**Paula Taylor**  
Member Services & Event Director

**Traci Medeiros**  
Administrative Member Services

**Dawn Alden**  
Accountant



### Cape Cod Chamber of Commerce

5 Patti Page Way, Centerville, MA 02632  
508-362-3225 or 1-888-33CAPECOD  
CapeCodChamber.org

Interested in becoming a member?  
Email us at: [membership@capecodchamber.org](mailto:membership@capecodchamber.org)  
or call 508-362-3225, option #2

#### Membership

1,081 Members

#### Mission

The Cape Cod Chamber of Commerce, Inc. is a Massachusetts non-profit, membership organization that advocates on behalf of businesses to strengthen and promote regional economic vitality while addressing related cultural, environmental and community concerns. We are a catalyst and advocate for a vibrant economic community in order to create a better Cape Cod.

#### Signature Events

- Cape Cod Hydrangea Festival  
July 7-16, 2023  
Cape-Wide Summer Garden Celebration  
[Capecodhydrangeafest.com/](http://Capecodhydrangeafest.com/)
- Annual Meeting: June 6, 2023  
Location: Willowbend
- Quahog Day: June 21, 2023  
Location: Tba; [Quahogday.com/](http://Quahogday.com/)
- Cape Cod Second Summer Cycle:  
September 17, 2023  
[Secondsummercycle.com/](http://Secondsummercycle.com/)
- Christmas On Cape Cod  
December 1 - December 31, 2023  
[Christmasoncapecod.com/](http://Christmasoncapecod.com/)
- Advocacy In Action: Childcare  
Date: Tbd-April
- Advocacy In Action: Housing  
Date: Tbd-September

#### Staff

**Paul Niedzwiecki**  
Chief Executive Officer

**Noelle Pina**  
Chief of Staff



### Cranberry Country Chamber of Commerce

9 Clayton Road  
Middleborough, MA 02346  
Phone: Valerie 508-947-1499 /  
Pam 508-947-1446  
[pdziura@cranberrycountry.org](mailto:pdziura@cranberrycountry.org)

#### Covering

The Cranberry Country Chamber of Commerce represents the towns of Middleboro, Lakeville, Raynham, Bridgewater, Plympton, Halifax, Carver, Wareham, and Rochester.

#### Membership

300+ Members

#### Mission

To promote and enhance the business climate, develop a positive economic environment and contribute to the betterment of the community.

The Cranberry Country Chamber mission is built on three pillars:

- Power of Place
- Power of Community
- Power of Voice

#### Signature Events

- Annual Meeting, March 8
- Multi-Chamber Networking Event, April 10
- Canal Cruise Joint Chamber Event, June 22
- Golf Open, July 17
- Fall Back Into Business Expo, October 3

#### Staff

**Valerie Glynn**  
President & CEO

**Pamela Dziura**  
Admin & Marketing





## Greater Hyannis Chamber of Commerce

**Visitor Center:** 367 Main Street, Hyannis, MA 02601 (on the Village Green)

*Open 10am to 4pm 7 days a week Memorial Day through Columbus Day.*

**Administrative Office:** 397 Main Street, Hyannis, MA 02601 (inside the JFK Museum)  
Hyannis.com

## Membership

350+ Members

## Mission

The Greater Hyannis Chamber of Commerce is a non-profit 501(c)(6) representing business in the Town of Barnstable in the Commonwealth of Massachusetts.

Located on historic Main Street, the Greater Hyannis Chamber of Commerce provides in-depth information about Hyannis and the Seven Villages of Barnstable to visitors, businesses and residents.

With our very dedicated Board of Directors and experienced staff, it is our mission to be the premier force in promoting and enhancing a healthy business environment and to continually inform and educate the public about Barnstable and the Seven Villages.

## Signature Events

- Economic Forecast January
- Father's Day Car Show
- Annual Meeting
- Awards Presentation October

## Staff

**Marty Bruemmel**  
President/CEO

**Nancy Gold**  
Guest and Members Services Specialist

**Maureen Harris**  
Information specialist



## Mashpee Chamber of Commerce

13 Steeple St., Suite 101  
Mashpee, MA 02649  
508-477-0792  
info@mashpeechamber.com

## Mission

The Mashpee Chamber of Commerce is a dynamic and growing non-profit organization, providing its members with ways to develop their businesses through networking events, education seminars, promotional avenues in digital and print media, and more. There are approximately 250 members of the Chamber who have access to these networking opportunities, referral systems, insurance benefits, educational sessions and sponsorship opportunities at community events. Through their participation, these businesses and organizations help the Chamber raise funds for three Mashpee High School Scholarships.

Complete our Membership Application today or email us at [info@mashpeechamber.com](mailto:info@mashpeechamber.com)

## Signature Events

- Annual Dinner Meeting & Celebration of the Citizen of the Year and Unsung Heroes
- Golf Tournament
- La Tavola
- Holiday Meal Delivery
- Christmas Parade

## Calling All Volunteers!

Volunteer opportunities include:

- Event set-up/teardown
- Registration (Annual Meeting / Golf)
- Meal servers (La Tavola)
- Special committee members (Events / Economic Development)
- Auction assistance
- Holiday meal delivery (Thanksgiving / Christmas)
- Christmas Parade help (hot chocolate pick-up / servers, float check-in)



## Plymouth Area Chamber of Commerce

100 Armstrong Road, Suite 204,  
Plymouth MA 02360  
508-830-1620  
508-830-1621  
PlymouthChamber.com  
info@plymouthchamber.com

## Covering

Carver, Kingston, Duxbury, Marshfield, Halifax, Pembroke, Hanson, Plymouth, Plympton

## Membership

800+ Members

## Mission

The Plymouth Area Chamber of Commerce is a not-for-profit, private organization representing over 750 businesses and organizations. The Chamber provides resources for businesses and our communities to experience individual and collective growth through business education; networking, workshops and forums, and legislative advocacy that result in cohesive regional success.

## Signature Events

- Business Expo, April
- Empowering Women's Luncheon, May
- Bark in the Park, June
- Chamber Fall Classic/Golf Tournament, September
- Legislative Breakfast, October
- Halloween on Main Street, October

## Staff

**Amy Naples**  
Executive Director

**Bob Nolet**  
Director of Operations

**April Patterson**  
Director of Membership

**Priscilla Nardone**  
Membership Coordinator

**Alison Costa**  
Controller

**Bella Rose**  
Volunteer Coordinator



## 2022 Beneficiaries

Funding received by the beneficiaries directly impacts the lives of thousands of Cape Cod residents each year. Below you can see how each group will use their money, which will be matched by the organization's own fundraising efforts.



### Atlantic White Shark Conservancy

#### *Education Programs for Local Youths & Families*

The mission of the Atlantic White Shark Conservancy is to support scientific research, improve public safety, and educate the community to inspire white shark conservation.



### Calmer Choice

#### *Resilience Through Mindfulness Programs*

The mission of Calmer Choice is to serve children and those who support them by providing evidence-based mindfulness education and training to build resilience and nurture well-being of all people and all communities.



### Cape Cod Children's Museum

#### *Cape Cod-based Exhibit Expansion*

The mission of the Cape Cod Children's Museum is to provide a learning environment that stimulates curiosity, creativity and imagination, inspiring children and their families to engage with each other, their community and the world at large.



CAPE COD HEALTHCARE

### Cape Cod Healthcare

#### *Youth Behavioral Health Programs*

The mission of Cape Cod Healthcare is to coordinate and deliver the highest quality, accessible health services to all Cape Cod residents and visitors.



### Cape & Islands Veterans Outreach Center

#### *Integrated Support Programs*

The mission of the Cape & Islands Veterans Outreach Center is to provide comprehensive life sustaining services to veterans and their families.



[seasidelemans.org](https://seasidelemans.org)



**Seaside LeMans**  
*The Race For The Cape Cod Community*

#### Seaside Le Mans

Samantha Oliviera, Event Director

The Davenport Companies

20 North Main Street,

South Yarmouth, MA 02664

P: 508-760-9265

SOLiviera@thedavenportcompanies.com

**seasidelemans.org**

#### Stats

Total number of employees: 150+ volunteers

Annual revenues: \$8.7M raised in 21 years  
through sponsorships and matching funds

Year established: 2001

#### Mission

To unify the Cape Cod community and motivate businesses and individuals to sponsor, volunteer and participate in a fun annual event which raises funds for Cape & Islands nonprofit organizations in the areas of health and human services, social services and children's organizations.

#### Geographic Area

Cape Cod and the Islands

#### How you can help

Become a sponsor, driver, volunteer, or spectator at this fast-paced event. The Seaside Le Mans is a chance to support your community and have a great time in the process. To learn more about being a volunteer visit us online at **seasidelemans.org/volunteer-info/**. The race is free for spectators and features entertainment, kids' activities, music, and food vendors.

#### Leadership



**DeWitt P. Davenport**  
C.E.O.,  
THE DAVENPORT  
COMPANIES  
SEASIDE LE MANS  
FOUNDER



**Samantha Oliviera**  
EVENT DIRECTOR  
SEASIDE LE MANS



## Join the Race for the Cape Cod Community!

Seaside Le Mans is an annual community event held each September at Mashpee Commons and hosted by The Davenport Companies. Teams of six drivers strategize to determine driver order, timing and tactics as they race Formula 1 karts along straightaways, around turns and under a bridge on a 1/4-mile outdoor track with thousands of fans cheering them on. Seaside Le Mans is a thrilling day filled with twists and turns and, even better, it is all to raise money for the Cape Cod community. Seaside Le Mans is a fund of the Cape Cod Foundation.

### **You can be part of the action!**

**Want to be in the driver's seat?** The teams are made up of drivers from local companies, each making a donation to sponsor a full kart, half kart or individual driving spot. Hundreds of companies have participated as driving sponsors over the last 21 years. Now is your chance to join the action for 2023!

**Have you always dreamed of being part of a pit crew?** More than 150 volunteers are needed to build the track, monitor the race course, promote the beneficiaries and interact with the crowd. We would love to have you join us as part of the volunteer pit crew!

**Do you want to be up close to the race?** The event is free to attend! Come watch the opening ceremony, cheer on your neighbors and local business community as they speed around the track, enjoy the food, entertainment, and family fun zone. Stay for the closing ceremony to see who is handed the first-place trophy and celebrate the funds raised for local beneficiaries!

### **Did you know?**

Since 2001, the Seaside Le Mans has raised more than \$8.5 million for the Cape Cod community through sponsorships and matching funds.

The Davenport Companies underwrite the cost of the event, allowing 100% of sponsor dollars to go to the selected beneficiaries through the Cape Cod Foundation.

More than 55 different charitable organizations on Cape Cod have been supported by funds raised through the Seaside Le Mans.

### **Start your engines!**

**To get involved, visit [seasidelemans.org](https://seasidelemans.org).**

**Save the date for the 22<sup>nd</sup> edition of Seaside Le Mans!  
on Saturday, September 9 at Mashpee Commons!**







## Big Brothers Big Sisters of Cape Cod & the Islands

684 Main Street, Suite #3  
Hyannis, MA 02601  
507-771-5150  
CapeBigs.org,  
JRMell@CapeBigs.org,  
@capebigs Facebook, Instagram

### Stats

**Total number of employees:** 8  
**Annual revenues:** \$765,000  
**Year established:** 1974

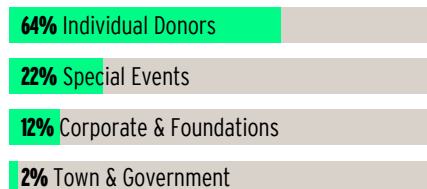
### Mission

The mission of Big Brothers Big Sisters of Cape Cod & the Islands is to partner with under-resourced families to provide their children with transformational, one-to-one professionally-supported relationships with caring adult mentors, so that their children will thrive.

### Geographic Area

Cape Cod, Martha's Vineyard, Wareham & Plymouth

### Funding



### Leadership



**JR Mell**  
REGIONAL DIRECTOR



**Christa Danilowicz**  
SENIOR PHILANTHROPY OFFICER



### 2023 Goals

Match 110 NEW youth with a mentor, while impacting over 400 children in a high-quality mentoring friendship.

Launch Commitment 1000, our strategic plan to impact the lives of 1,000 children across our region by 2028.

Re-establish our site-based mentoring programs that were impacted by school closures during the pandemic.

Expand and diversify our Leadership Council to better empower, and represent, the communities we serve.

Re-establish programming on Nantucket to serve youth who could benefit from a mentor.

### 2023 Fundraising Events/Opportunities

**MV Big Golf Fore Kids\*** May 21, Mink Meadows Golf Club in Vineyard Haven \*2022 reschedule

**Golf For Kids** June 5, Cummaquid Golf Club in Yarmouth Port

**Blooming Bids for Kids** Late June, Cocktail Garden Party & Auction at the Field Gallery in W. Tisbury

**Little Big Fishing Tournament** Late June, Baxter's Wharf in Hyannis

**Big 3 Fishing Tournament** July 7, Wychmere Beach Club in Harwich Port

**Charter Cup Fishing Tournament** Mid-July, Baxter's Wharf in Hyannis

**MV Big Golf Fore Kids** Early October, Mink Meadows Golf Club in Vineyard Haven

### Giving Opportunities

Individual gifts, no matter how "big" or "little," help set a child on a path to success and allows us to keep doing what we do best: empowering kids in our community to thrive. Your donation is an investment in the people, systems, and technology that allow us to create and support matches between children and caring adults. And we hold ourselves accountable to our donors by regularly measuring the impact of our work. Relationships are at the core of our mission, and we welcome all potential donors to reach out and learn more about the impact their gift makes for the children we serve at [www.capebigs.org](http://www.capebigs.org).

### Volunteer Opportunities

- **Become a Big!** With a waitlist that sometimes reaches over 100 children, the need for volunteer mentors, especially male mentors, is always needed.
- **Join a Committee!** Our fundraising committees are looking for individuals who are passionate about raising funds to further our mission.
- **Join our Leadership!** On both the Cape & MV we are seeking leaders to join our boards to help further our mission.

### Cape Leadership Council

**E.J. Jaxtimer**  
E.J. Jaxtimer, Inc  
**CO-CHAIR**  
**Terry Jaxtimer**  
E.J. Jaxtimer, Inc  
**CO-CHAIR**

**Carl Riedell**  
Carl Riedell & Son  
**Guy Riedell**  
Carl Riedell & Son  
**Corey Frederickson**  
Barnstable Police Department  
**Brad Schiff**  
Pierce Coté

**Scott Kwart**  
Cooperative Bank of Cape Cod  
**Peter Tulp**  
Ret. Specialty Commerce Corp.

### Martha's Vineyard Advisory Board

**Stanley Startzell**  
Lincoln Financial  
**CHAIR**  
**Patti Leighton**  
Ret. MV Bank

**Bruce McNamee**  
Edgartown Police  
**Angela Prout**  
Shored Up Digital



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Big Sisters®**  
**OF CAPE COD & THE  
ISLANDS**



To learn more about Big Brothers Big Sisters of Cape Cod & the Islands and how you can support their programs, please visit [www.CapeBigs.org](http://www.CapeBigs.org)





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Choice Awards  
CAPE COD TIMES  
**WINNER**

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"Best Flooring"  
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&  
"Best Employer  
(101-500 Employees)"**



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# NAUSET DISPOSAL

At Nauset Disposal, we give back to the communities we serve because we feel it's our responsibility to help support our employees, friends, neighbors, and family members. We believe we owe it to our community to give back to the organizations that are working to help others and create a thriving community in which we can all live, work and support each other.

The nonprofit organizations in our area do so much to help the communities we are all a part of, but they can't do it alone. We are proud to work with these and many other non-profit organizations to help those that are less fortunate and contribute to the common good.

CLEANING & GREENING YOUR TOWN, ONE STOP AT A TIME



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Together, with donors, volunteers, and partners, the Cape & Islands United Way works for a community in which children succeed, families are financially stable, residents are healthy, and there is safe and affordable housing for all.



Big Brothers Big Sisters of Cape Cod and the Islands partners with under-resourced families to provide their children with professionally-supported relationships with caring adult mentors, so that their children will thrive.



Heroes in Transition provides assistance for veterans, service members and their families not readily available from government agencies or other providers to help strengthen relationships, build community, empower and heal those who served.



Homeless Prevention Council strives to empower locals to attain financial independence and preserve housing. HPC provides personalized case management to assess each situation individually and connect with resources to help with challenges clients may be facing.





### Cape Kid Meals

1336 Main Street, Osterville MA  
Mailing address:  
PO Box 36, Forestdale MA 02644  
[www.capekidmeals.org](http://www.capekidmeals.org)

### Stats

**Total number of employees:** 1 FT, 1 PT  
**Number of children served:** 800+  
**Annual revenues:** \$527,000  
**Year established:** 2014

### Mission

Cape Kid Meals (CKM), mobilizes caring communities and people to provide food over the weekend to school-aged children who might otherwise go hungry.

### Geographic Area

Cape-wide

### Leadership



**Tammy D. Leone**  
EXECUTIVE DIRECTOR



**Robert Walters**  
BOARD PRESIDENT

Cape Kid Meals (CKM) provides weekend food bags to children facing hunger across the Cape. Many of the children receive school meals during the week but are at risk of not having access to enough food over the weekend. Cape Kid Meals partners with schools who identify the children and CKM volunteers pack and deliver weekly the entire school year. This year we are now supporting just over 800 students in 28 schools every week. We have expanded beyond elementary schools and now serve many middle schools and upper-level grade students. In 2021-2022 school year, we distributed over 135,000 meals, and since our beginning we have provided over 94,000 weekend bags.

### 2023 Goals

CKM will continue to focus on maintaining and growing our programs at all existing schools while seeking out expansion opportunities through additional school partnering.

### Giving Opportunities

All donations make a difference in the lives of the children we serve. This year we launched a monthly giving club called CKM Backpack Buddies. You can learn more about it at [www.capekidmeals.org/donate](http://www.capekidmeals.org/donate). Your donations can be made online or mailed in and your support will help us continue expanding our program to reach more children facing hunger.

1. Individual donations, one-time or monthly
2. Foundation donations
3. Employer matching gifts
4. Workplace giving

Donations can be made online at [www.capekidmeals.org](http://www.capekidmeals.org) or mailed to PO Box 36, Forestdale MA 02644

### Volunteer Opportunities

Cape Kid Meals is incredibly blessed to have a dedicated group of volunteers who ensure we never miss a week of packing and delivering to our schools. We are always looking for volunteers, especially as our program has grown. If interested in volunteering, please visit [capekidmeals.org](http://capekidmeals.org) and fill out the form in our contact section or email us at [info@capekidmeals.org](mailto:info@capekidmeals.org). We would love to have you help us!

Pack bags · Deliver to schools · Stock Shelves · Food pick up

### Board of Directors

**Robert F. Walters**  
CHAIRMAN  
Retired Executive  
**David J. Byrnes**  
TREASURER  
Co-Founder

**Rev. David A. Johnson**  
CO-FOUNDER  
Grace Church  
**Lynne P. McGraw**

**Dr. Pamela A. Gould**  
**Craig Campbell**  
Commercial Realty  
**William Scotti III**  
Axial Financial Group

**Emilie Bajorek**  
Cape Cod 5  
**Hope Hanscom**  
Mashpee Public Schools



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## Habitat for Humanity of Cape Cod

411 Main Street, Yarmouth Port, MA 02675

508-362-3559

[www.habitatcapecod.org](http://www.habitatcapecod.org)

[office@habitatcapecod.org](mailto:office@habitatcapecod.org)

### Stats

**Total number of employees:** 29

**Annual revenues:** \$7,363,103

**Year established:** 1988

### Mission

Habitat for Humanity of Cape Cod partners with families in need of an affordable home to build one of their own; fostering stability, self-reliance and a strong sense of community.

### Geographic Area

Cape Cod

### Funding

29% Community Fundraising/Events

28% Home Sales

24% Other

11% Grants

8% ReStore

### Leadership

**Wendy Cullinan**  
PRESIDENT AND CEO



### 2023 Goals

Habitat for Humanity of Cape Cod will be celebrating our 35th anniversary in 2023! We have completed nearly 200 homes in that time spanning all 15 towns. In 2023 we will complete another 12 homes in Falmouth (10) and Chatham (2) and will begin construction on 5 more in Sandwich (3) and Brewster (2). Additional homes are in the planning stages in Dennis, Yarmouth, and Wellfleet.

### Fundraising Events/Opportunities

The following events are tentatively planned for 2023:

Home in One Golf event at The Ridge Club on June 19th, Falmouth Road Race on August 20th and the Ride for Homes bike ride on September 17th.

### Giving Opportunities

Your donations help build more affordable homes here on Cape Cod. Qualifying families help build their home alongside local volunteers, then purchase the home with an affordable mortgage. Donate securely online at [habitatcapecod.org](http://habitatcapecod.org).

You can also support Habitat Cape Cod through donations of gently used and new furniture, appliances and more to our ReStores in Falmouth or Yarmouth. Sales at the ReStore make it possible for Habitat to sell its homes at affordable prices, while helping our environment by keeping used goods out of landfills.

You can also donate your vehicle to Habitat Cape Cod through our Cars for Homes program by calling 877-277-4344.

### Volunteer Opportunities

Every Habitat home is built by volunteers and the future homebuyers. We welcome construction volunteers of all experience levels.

Would you like to help without swinging a hammer? Both ReStore locations in Yarmouth and Falmouth are seeking volunteers to help in a retail environment.

We have many other volunteer opportunities including making housewarming gifts for Habitat families, bringing baked goods to the construction sites, partnering with a homebuyer in a mentor type position, interviewing home buying applicants and more.

### Board of Directors

**Peter Kimball**  
CHAIRMAN

**Leslie Schneeberger**  
VICE CHAIRMAN

**John Schoenherr**  
TREASURER

**Jaime Carey**  
CLERK

**Josh Jalbert**  
ASSISTANT CLERK

**Matt Anderson**

**Warren Brodie**

**Michael Duffany**

**David Freelund**

**Shari Hayes**

**Steve Jenney**

**Lynn Johnson**

**Matt Pitta**

**Cindy Roth**

**Melissa Wheeler**



**everyone deserves a decent place to call home!**



**We are proud to support Habitat Cape Cod for building a path to the American dream for so many of our deserving neighbors.**

**We know that a home is so much more than a house. It's the place where we raise our families, create neighborhoods and develop communities.**

**They build a hopeful future, and should the unthinkable happen, we make sure that hope is restored.**



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## OCES

144 Main Street, Brockton, MA 02301

P: 508-584-1561 · ocesma.org · Facebook: OCESMA

## Stats

**Total number of employees:** 240

**Annual revenues:** \$60 Million

**Year established:** 1974

## Mission

Through the talent of an experienced and diverse workforce, OCES supports the independence and dignity of older adults and individuals with disabilities by providing essential information and services that promote healthy, safe living which positively impacts our community.

## Vision

OCES aspires to be a culturally diverse and inclusive agency that removes barriers creating equity for all by empowering individuals and communities to thrive, age in place, and reach their highest potential.

## Core Values

OCES Core Values reflect a commitment to CARE

- Commitment to staff, consumers, and the community
- Accountability, collaboration, and adaptability
- Respect, decency, and concern for others
- Equity, justice, and inclusion for all

## Service Area

**ASAP Service Area** - Abington, Avon, Bridgewater, Brockton, Carver, Duxbury, East Bridgewater, Easton, Halifax, Hanover, Hanson, Kingston, Lakeville, Marshfield, Middleboro, Pembroke, Plymouth, Plympton, Rockland, Stoughton, Wareham, West Bridgewater, Whitman. **Volunteer/AFC/PCA Service Area** - greater Plymouth and surrounding communities.

## Leadership



**Maureen Saunders**  
BOARD PRESIDENT



**Nicole M. Long, LICSW**  
CHIEF EXECUTIVE OFFICER

## Who We Are

OCES provides a variety of services to those individuals most in need. Through our programs we offer significant life-supporting care contributing to an individual's ability to live within the community as independently as possible for as long as possible while preserving dignity and quality of life. OCES is the largest provider of these in-home and



**Serve all people,  
all incomes**

community-based services for older adults and people living with disabilities in the southeastern part of Massachusetts. OCES aspires to welcome everyone without exception!

## 2023 Goals

1. Build awareness in the community that OCES serves all people and all income levels.
2. Expand access to home-based behavioral health and wellness opportunities by offering older adults access to an Elder Mental Health Outreach Team.
3. Strengthen support of local businesses and communities to help working caregivers balance their work and caregiving needs.

## Volunteer Opportunities

OCES is uniquely positioned to reach the greater Plymouth County community through volunteerism promoting healthy and safe living for older adults and individuals with disabilities. OCES is committed to supporting volunteers of all ages through a variety of programs. For more information contact our Volunteer Coordinator to learn about in person or virtual volunteer opportunities.

## Giving Opportunities

Your generosity can make a difference in our local communities by providing meals, covering life-saving medications, giving caregivers a week of respite, providing hearing aids or even filling up a resident's oil tank! OCES offers many year-round giving opportunities to support our programs and services including Corporate Giving; Event Sponsorship; Individual Giving; Annual Giving; and Tribute Gifts (In Memory/Honor of).

## Elder Mental Health Outreach Team Program

OCES' Elder Mental Health Outreach Team (EMHOT) supports adults 60 and older who have complex behavioral health conditions, chronic illness, substance misuse, or who are in crisis situations that may require counseling or long-term case management to improve overall wellbeing.

## EMHOT provides:

- **Counseling:** Providing 1-on-1 counseling when needed in a person's home.
- **Support Tool for Families:** Support individuals and the families of people with mental and substance use disorders, build strong and supportive communities.
- **In Home Care:** Clinician and consumer will review Treatment Plan and goals ongoing.
- **Adequate Support:** Provide adequate services and supports to everyone who needs it. Combat depression and anxiety.
- **Prevention:** Prevent costly behavioral health problems.
- **Resources:** Provide support, resources, and referrals to achieve long-term goals.

Funding for EMHOT has been produced from a grant awarded to the Massachusetts Association of Councils on Aging by the Massachusetts Executive Office of Elder Affairs. Deana Andrade, LICSW and OCES' Behavioral Health Supervisor will oversee these services and the EMHOT program as the agency expands to provide these critical services. Please contact OCES at 508-584-1561 or check out our website at [www.ocesma.org](http://www.ocesma.org) for more information.

## FY22 Board of Directors

**Maureen Saunders**  
PRESIDENT

**Paula M. P. Schlosser**  
VICE PRESIDENT

**Richard Young**  
TREASURER

**Wendy Adams**  
SECRETARY/CLERK

**Michelle Bratti**  
**Robin Cardoza**

**Jane Carthas**

**Mary P. Collins**

**Victoria Deibel**

**Gretchen Emmetts**

**Janice Fitzgerald**

**Nancy G. Hill**

**Mary Holland**

**Connie Kelly**

**Dorothy Martel**

**Joanne Moore**

**Tammy Murray**

**Beverly Pavararis**

**Joseph Pitti**

**Sharon Rice**

**Johnathan Selig, Selectman**

**Ann Welch**





*"My Care Manager is always professional, yet friendly. She is very efficient and knowledgeable. This kind of service is very rare these days and is especially important when dealing with the aging population. The whole process of navigating care services and insurances is a daunting and almost an impossible task for many. It is critical for our society to treat each other with dignity and respect, regardless each one's station in life."*

- Consumer



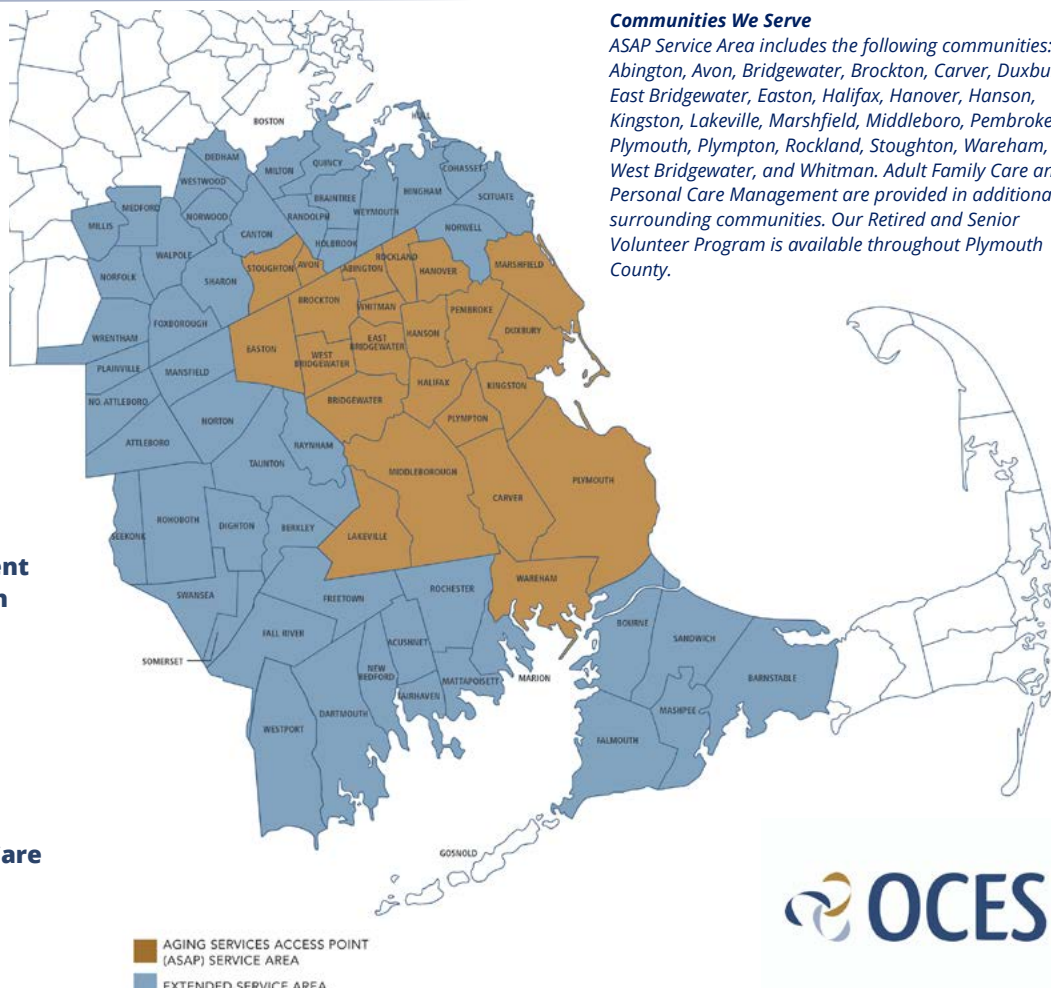
*"My Protective Service Worker (PSW) helped me express my needs and frustrations... I felt comfortable enough to finally let go and cry. I'm used to helping others, it's difficult for me to request help for myself and my PSW allowed me to express my concerns with validating my efforts to resolve my issues. She was polite and reassuring while remaining professional."*

-Consumer

## Supporting the independence and dignity of older adults and individuals with disabilities

### OCES Services

- Adult Family Care
- Congregate Housing
- Consumer Directed Care
- Emergency Assistance
- Family Caregiver Support
- Healthy Living
- Information & Referral
- Consumer Benefits Assistance
- Aging & Disability Resources
- Options Counseling
- Money Management
- Nutrition
- One Care Plan
- Personal Care Management
- Private Care Coordination
- Protective Services
- Senior Care Options
- State Home Care
- Care Management
- Nursing Services
- Supportive Housing
- Transition Support
- Veteran-Directed Home Care
- Volunteer Programs





FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## OLD COLONY YMCA – PLYMOUTH BRANCH

2 Greenside Way South Plymouth, MA 02360  
508.927.3100 [PlymouthBranch@oldcoloniyyymca.org](mailto:PlymouthBranch@oldcoloniyyymca.org)

### MISSION:

Old Colony YMCA Plymouth is a charitable, non-profit organization committed to the development of strong spirit, mind, and body, guided by Judeo-Christian principles, to enrich the quality of life for everyone in our communities

### OUR VALUES:

Guided by our core values of caring, honesty, respect and responsibility, the Y is dedicated to giving people of all ages, backgrounds and walks of life the opportunity to reach their full potential with dignity.

### OUR COMMITMENT:

Old Colony YMCA has been listening and responding to our communities' most critical social needs since 1887. We continue to condemn systemic racism, bias and discrimination of all kinds. When confronted with instances of injustice, we will address the root cause and commit to meaningful change. By building a culture of diversity, equality, and inclusion, we aim to ensure that our employees, our youth, our families, and our communities achieve equitable outcomes and live fulfilling, healthy lives. We know that when we work as one, we move people and communities forward.

### WHO WE ARE:

Our YMCA is more than a swim and gym. We are committed to strengthening communities through youth development, healthy living and social responsibility. We are a place where individuals have the opportunity to improve their health and well-being, all while participating in their favorite programs or activities. A place where children and families can feel supported, while also receiving help during times in need. A place where adults can find life balance, where children can reach their full potential, where seniors can be active and find companionship, and where families can connect and strengthen relationships. We continuously seek to ensure that everyone regardless of age, income or background, has an opportunity to learn, grow and thrive in our facilities and programs.

### OUR PROGRAMS AND SERVICES:

**Health & Wellness:** Group Exercise, Personal Training, Diabetes Prevention Program, LIVESTRONG, Blood Pressure Self-Monitoring, Enhance Fitness, Weight Loss, feel Great in 8.

**Swimming:** Brand New outdoor Swimming Pool and Splash Pad, Access to other Old Colony YMCA locations for indoor pool, Camp Clark Waterfront, Swim Lessons, Water Safety Lessons, and Aquatics Training and Certifications.

**Child Care & Summer Camp:** Affordable Child Care for 15 months old through 5 years of age, After School Care, KidZone, Affordable Day Camp Care at Camp Clark, Child Protection Stewards of Children training.

**Sports & Activities:** Sport Leagues (Jr. NBA – YBL 1 Youth Basketball League), Sport Classes, Birthday Parties, and Family Events.

**Community & Social Services Association Wide:** Comprehensive Counseling fully licensed Mental Health Clinic (DMH), Family Resource Centers, Mentoring, YouthBuild, Kidz Connect, Summer Leaders, Power Scholars, Youth and Government, Homelessness and Housing (DHCD), Juvenile Justice (DYS), Child Welfare (DCF), Community Justice Support Centers, Safe Corners, and Youth Focus.

### PLYMOUTH YMCA GIVING OPPORTUNITIES:

Old Colony YMCA Annual Campaign, Capital Campaign Plymouth, Plymouth Golf Tournament Sponsorships, Kentucky Derby Sponsorships, Camp Scholarships opportunities.

### VOLUNTEER OPPORTUNITIES:

Mentoring/ Tutoring, provide essential items to families in need during the Holidays and Back to School, Camp Clean Up Days, Youth Sports Coaching, Board of Governors, and Food Collecting & Distribution.

You're invited

### GEOGRAPHIC AREA: PLYMOUTH, MA

### STATS:

Total member of employees including camp staff: 200 Employees

Total number of members: 4,429

Number of visits to the facility: 100,333

Plymouth's YMCA Annual Revenues: \$4,640,602

Year Established: 2015

### FUNDRAISING EVENTS/ OPPORTUNITIES:

DEC 2022-2023

Joyful Impact – December 2022 & 2023

Giving Trees – December 2022 & 2023

Spinathon – March 25, 2023

Plymouth YMCA Kentucky Derby Event – May 6, 2023

Plymouth YMCA Golf Tournament – TBD

### FUNDING:

Childcare:  
\$3,154,827 67%

Contributions & Grants:  
\$281,480 6%

Membership:  
\$951,409 20%

Program revenue:  
\$184,273 7%

### 2023 GOALS:

At our Y, becoming an employer of choice is one of our main goals for the upcoming year. As our Plymouth Y keeps improving and growing, we want to provide the best our facilities can offer for our volunteers, members, and staff. With your support, our YMCA will continue to secure capital funds to support Phase II of our Plymouth Y project. This project will help our Y develop an indoor aquatics center for our local community to enjoy year round. Additionally, we are hopeful to expand our childcare footprint to meet the needs in our community. This footprint will allow us to begin capital improvements to our Day Camp, serving 700 individual children every summer, including 57% through the generosity of the community. Strengthening communities is our cause. In the upcoming year, we want to secure \$300,000 in donations to support our Old Colony YMCA Annual Campaign, while thriving as a diverse and inclusive Y to serve all through training of staff and programming for all.

# HELPING TO BUILD A

# OLD COLONY YMCA

Visit us online to learn more about our mission, cause, volunteerism,



to get involved!

#### LEADERSHIP:



**Vincent Marturano**  
President & CEO



**Kenneth Klier**  
Executive Vice President/  
Chief Operating Officer



**Joyce Dwyer**  
Executive Vice  
President/Chief Strategy  
and Innovation Officer

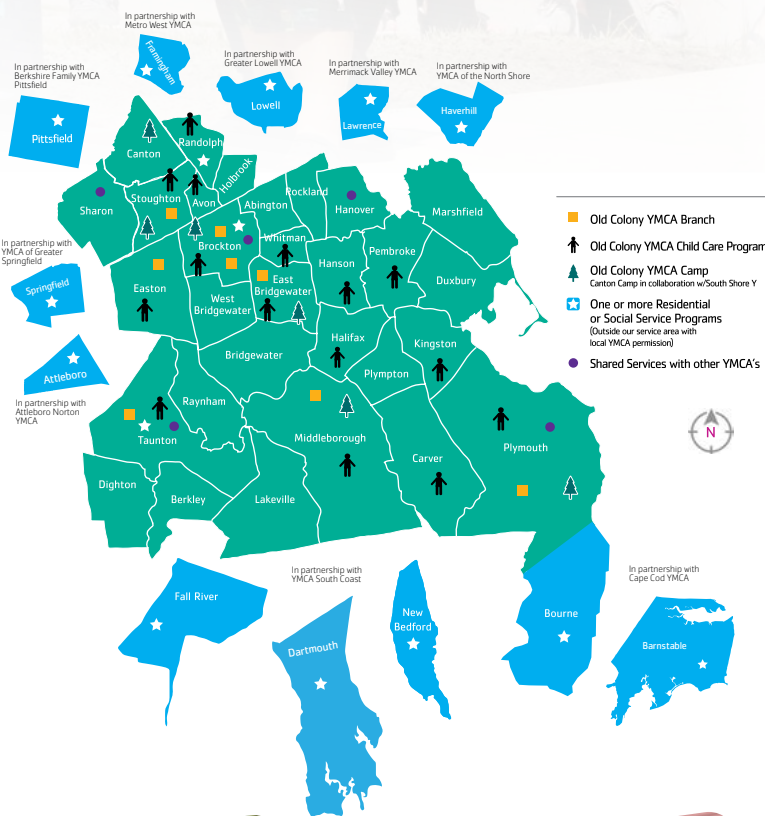


**Derek Paiva,**  
Vice President  
of Plymouth  
YMCA

#### PLYMOUTH Y BOARD OF GOVERNORS:

Tiffany Cesero-Chair  
Friend Weiler  
Laurie Caraher  
Paul Miraglia  
Cliff Westberg  
Suzanne Obin  
Stacey Antonino  
Stephen Peck  
Julie King  
Kathryn Barnicle  
Jim Conley  
Emily Goodridge  
Kim Post  
Jack Condon  
Robin Buchanan  
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Community Representative  
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North Easton Savings Bank  
ILEX Environmental  
Retired- Redbrook resident  
The Stabile Companies  
Shepley & Bulfinch  
Klein Hornig  
Project Greenschool  
PNHS High School representative  
High School representative



# STRONGER COMMUNITY

membership, and so much more at [www.oldcolonymca.org](http://www.oldcolonymca.org)





## YMCA Cape Cod

2245 Iyannough Road  
West Barnstable, MA 02668

508-362-6500

[ymcacapecod.org](http://ymcacapecod.org) [speugh@ymcacapecod.org](mailto:speugh@ymcacapecod.org)

## Stats

**Total number of employees:** 190 Employees  
and 65 additional seasonal camp staff

**Annual revenues:** \$12,457,801

**Year established:** 1966

## Mission

To serve the Cape Cod community by providing programs rooted in our core values of caring, honesty, respect, and responsibility to build a healthy spirit, mind, and body for all.

## Geographic Area

Cape Cod

## Funding

**\$1,182,049** Financial Aid Distributed to Community

47% Government Funding

24% Childcare

11% Program Fees & Camp

9% Contributions, Grants, Events

8% Membership

1% Investment Income

## Leadership



**Stacie Peugh**  
PRESIDENT/CEO



**David Botting**  
CHIEF VOLUNTEER OFFICER

## 2023 Goals

The YMCA Cape Cod is the leading nonprofit committed to strengthening the community by connecting all people to their potential, purpose, and each other. We have nearly 4,000 active members and we provide programs and services that respond to community needs. The YMCA Cape Cod must raise more than \$1.2 Million to fund nutritious meal delivery, affordable childcare, summer camp, and wellness programs that we provide regardless of an individual's ability to pay. From chronic disease management to youth sports to teen achievement programs, the YMCA Cape Cod is open to all and creates spaces where everyone can be, belong and become.

## Our Areas of Focus

**Youth Development:** The YMCA is the region's largest provider of early education and childcare including Head Start and Early Start programming for low-income families. In 2022, we were awarded the Best of the Cape award for early education and camp programs. Our youth offerings include swim classes, sports, after school programming, teen achievement, and community service projects.

**Healthy Living:** Our wide variety of programs are centered on encouraging good health and preventing disease. We are one of the only affordable pools on the Cape, and programs like Pedaling for Parkinsons, Livestrong Cancer Survivors, and accessible group classes provide important social connection points in addition to the individual wellness benefits of exercise.

**Social Responsibility:** The YMCA Cape Cod is a community connector and resource. Our Healthy Kids Day provides healthy foods and outdoor fun for 600-800 people. We provide food pantries at childcare sites, and we deliver more than a hundred holiday meal baskets. In addition, more than 150 people have breakfast with Santa and receive donated toys at Camp Lyndon.

## Fundraising Events/Opportunities

**YMCA Cape Cod Annual Meeting** – March 2023

**YMCA Cape Cod Achievers Benefit** – May 2023

**YMCA Cape Cod Charity Golf Tournament** – September 2023

## YMCA Giving Opportunities

Annual Support Campaign, Golf Tournament Sponsorships, Achievers Benefit, Capital Improvements, Major Gifts, Planned Giving, Program Sponsorships & Scholarships, and Upper and Lower Cape YMCA facility development efforts.

## Volunteer Opportunities

Annual Support Campaigners, Special Event Volunteers, Board & Committee Members, Foodservice Helpers, Special Needs Swim Aides, and Service Projects.

## Board of Directors

### OFFICERS

**David Botting**  
CHIEF VOLUNTEER OFFICER (CHAIR)  
Community Connections, Inc.

**William Crowell**  
VICE CHAIR  
Community Member

**Liz Rabideau**  
EX-OFFICIO  
Community Connections, Inc.

**Stephen Johannessen**  
TREASURER  
Cape Cod Five Cents Savings Bank

**Allison Makkay Davis**  
CLERK/SECRETARY  
Comcast

### DIRECTORS

**David Bennett**  
Bennett Environmental Associates,  
LLC

**Justin Blair**  
Monomoy Group

**Jason Bordun**  
Cooperative Bank of Cape Cod

**Matt Burke**  
Cape Cod Five Cents Savings Bank

**Mario Campos**  
Stanley Steemer

**Stephen Clay**  
Clay Realty Group  
(Keller Williams Realty)

**Marc Craig**  
Foxborough Human Services

**Dennis Ducharme**  
Inn Season Resorts

**Zach Karmen**  
Community Member

**Janice Kinder**  
Workplaces Can Work

**Ed Langley**  
BNY Melon Financial Corp.

**Jack McCarthy**  
Appletree Institute for Education

**Anne Preisig**  
Anne Preisig Personal Training

**Eric Raines**  
FDIC

**Barbara Robbins**  
21st Century After School Program

**Craig Rockwood, Esquire**  
Law Office of Craig Rockwood

**Pamela Sande**  
Your HR at Work

**Rebecca Thomas**  
Thomas & Wickenheiser LLC



We make a living by what we get, but we make a life by what we give.  
Winston Churchill



## THE JOYCE COMPANIES

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The YMCA of Cape Cod gives our community's youth the opportunity to grow into healthy, socially responsible adults. The Joyce Companies are proud to support this organization because **growth is at the heart of everything we do.**



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508-428-3777  
[alwaysgreenc.com](http://alwaysgreenc.com)



508-428-1008  
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Horticulture, Lawn & Tree Care, Irrigation...& More*

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"The employees at HAC were unbelievable and made it possible for me to become a homeowner on Cape Cod. Now my family has comfort, security, and peace of mind."  
**Michael, Client**

"The Big Fix volunteers did the repairs that I can no longer do myself so I can continue to live in this home which holds so many special memories for me."  
**Sheila, Client**



## Housing Assistance Corporation

460 West Main Street  
Hyannis, MA 02601  
508-771-5400  
hac@haconcapecod.org

### Stats

**Total number of employees:** 100  
**Annual revenue:** \$32,666,421  
**Year established:** 1974

### Mission

Housing Assistance's mission is to strengthen the Cape Cod and Islands region by empowering individuals, fostering community connections and increasing affordable housing opportunities.

### Vision

A region in which everyone has a safe, stable place to call home.

### Geographic area

Cape Cod, Martha's Vineyard, and Nantucket

## Leadership

**Alisa Magnotta, CHIEF EXECUTIVE OFFICER**  
**Bill Bogdanovich, CHAIRMAN OF THE BOARD**

## 2023 Goals

Housing Assistance is the only regional housing agency that serves all of Cape Cod, Martha's Vineyard and Nantucket. Our services range from homeless outreach, prevention and shelters to rental voucher management, first-time homebuyer education, advocacy and building homes that are affordable to year-rounders. We promote the creation of Accessory Dwelling Units (ADUs), build affordable housing and educate residents to advocate for more diverse and affordable housing on Cape Cod and the Islands. In 2022, we launched Housing to Protect Cape Cod (HPCC), a new initiative which encourages local action by Cape Cod residents in support of year-round housing that is affordable for the people who make our communities work.

## Fundraising Events and Opportunities

- 5th Annual Walk for Hope (May 21, 2023)
- 6th Annual Oysters & Champagne (July 20, 2023)
- 20th Annual Give-A-Thon for Hope (December 2023)

## Giving Opportunities

Donations to Housing Assistance provide a lifeline for our neighbors in need through programs including:

- Homeless prevention
- Wraparound client care and self-sufficiency mentoring
- Housing development and stabilization
- Innovative programs to respond to evolving community needs

## Volunteer Opportunities

Volunteers are a critical part of our organization, working with clients in our shelters, with staff in our offices, and in fundraising efforts such as the Big Fix, the Walk for Hope and the Give-A-Thon. Most volunteering positions require only time and a willingness to learn a few basics. Visit our website, [haconcapecod.org](http://haconcapecod.org), to learn more.



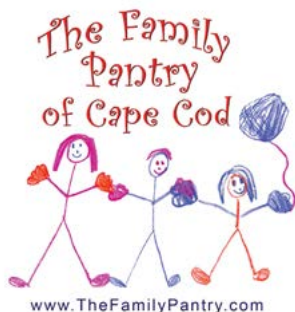


# Pay it forward with every cup

Civic Roast – a bright, smooth, and perfectly balanced blend combines Cape Cod Coffee's passion for brewing exceptional coffee with Shepley's charitable philosophy. A portion of the proceeds from this specialty blend go directly to support affordable housing programs on Cape Cod with Housing Assistance and Habitat for Humanity.

Enjoy Civic Roast and pay it forward with every cup!  
Available at Cape Cod Coffee locations or online [capecodcoffee.com](http://capecodcoffee.com).





### The Family Pantry of Cape Cod

133 Queen Anne Road · Harwich, MA 02645  
508-432-6519 · thefamilypantry.com  
cmenard@thefamilypantry.com

### Healthy Meals in Motion Mobile Pantry

serving the towns of Dennis, Brewster, Chatham, Eastham, Orleans and Provincetown

### Cape Cod Community College Family Pantry

Food distribution hours are Tuesday noon-2PM and Wednesday 11AM-1PM. Pantry is located in the lower level of the Gym building Room PE-G13. Contact information: wellness@capecod.edu or call 774-330-4550

### The Second Glance Thrift Shop

265 Main Street · West Harwich, MA 02671  
508-432-0636  
stm@thefamilypantry.com

### Stats

**Total number of employees:** 7  
**Annual revenues:** \$1.3 million  
**Year established:** 1989

### Mission

The Family Pantry of Cape Cod's mission is to provide food and clothing to ALL who need it.

### Geographic Area

All are welcome at the Pantry, there are no geographical restrictions.

The Family Pantry services well over 10,000 people annually, distributing over 110,000 bags of groceries. We are pleased to include in that distribution 35% of fresh produce. An average of 35 tons of clothing are distributed annually. This is possible due to everyone who has supported the Pantry over the past 33 years.

### Leadership

**Christine H. Menard**  
EXECUTIVE DIRECTOR

**Melissa Masi**  
BOARD OF DIRECTORS CHAIR



**LathamCenters.org**

Brighter futures since 1970

### Latham Centers

Administrative Offices  
259 Willow Street  
Yarmouth Port, MA 02675  
lathamcenters.org

### Stats

**Total number of employees:** 265  
**Annual revenues:** \$22,000,000  
**Year established:** 1970

### Mission

Latham Centers creates opportunities for independence, self-worth, and happiness for children and adults with complex special needs.

### Leadership

**Anne McManus** PRESIDENT AND CEO  
**Christine Gillstrom** BOARD CHAIR

### How you can help

We rely on the generosity of our community partners to unlock the potential of every child and adult resident we serve. Tax-deductible financial contributions of any size are meaningful and appreciated.

Each year we strive to achieve 100% employment or volunteer engagement for the individuals in our program. The talented students in our Latham Works vocational program create and sell handmade goat's milk soaps infused with herbs and natural fragrances, beautiful hand-woven rope doormats and coasters, and holiday ornaments. Special orders can be placed in advance. To learn more about Latham Centers, ways to give, or to arrange a tour, please contact Heather Kelsey, Director of Advancement, at hkelsey@lathamcenters.org.

**Community is about much more than belonging to something; it is about doing something together that makes belonging matter.**



### Heidrea for Heroes

10 Cordage Park Circle, Suite 224  
Plymouth, MA 02360  
774-773-3951  
heidrea4heroes.org  
info@heidrea4heroes.org

Heidrea for Heroes provides custom support services to our military veterans as they transition through civilian life. We offer a range of support designed to make a positive impact for veterans living in southeastern Massachusetts who are in need of a helping hand. The organization was founded in 2013 by two Marine Corps veterans and is run by a small group of caring individuals who appreciate the sacrifices of our men and women in uniform. By lifting the burden of an unexpected hardship experienced by our United States veterans, we honor their service.

### Mission

Our mission is to provide adaptive housing renovations, qualified home repairs, specialized mobility equipment, vehicle modifications, veteran/family support and workforce readiness programs that will alleviate challenges and make a positive difference in the lives of veterans and their families.

Checks, made payable to Heidrea for Heroes, Inc. can be mailed to:

Heidrea for Heroes, Inc.  
10 Cordage Park Circle, Suite 224  
Plymouth, MA 02360

All veterans and military widows seeking assistance must complete an application. The fastest way to do so is to apply online, however we are happy to mail out hard-copy applications if needed. In addition, all applicants must provide:

- Copy of DD214
- Copy of MA ID
- Copy of most recent 3 months of bank statements.

\*Widows must provide a copy of the marriage certificate in addition to the material listed above.

### Leadership



**Jesse Brown**  
CO-FOUNDER/PRESIDENT



A red paint roller with a red handle and a red roller, positioned vertically on the left side of the advertisement.

**The Family  
Pantry  
of Cape Cod**

A blue paint roller with a blue roller, positioned vertically in the center of the advertisement.

**Latham  
Centers**

A grey paint roller with a grey handle and a grey roller, positioned vertically on the right side of the advertisement.

**Heidrea  
for Heroes**

When it comes to supporting  
these incredible organizations  
that enrich our community,  
**we're on a roll.**

We invest in our communities.  
We have a broad charitable giving arm,  
donating money, but more often labor,  
supplies and discounted painting jobs  
to support dozens of nonprofit  
organizations around the Cape,  
Plymouth and the South Shore.

For us, it is not just about business,  
it is about taking care of our neighbors  
and being good citizens in  
our community.



**Cape Cod: 508-362-8023 / [www.StewartPaint.com](http://www.StewartPaint.com) / South Shore: 781-749-4215**

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# We're committed to helping our community flourish.

---

For more than a century, we've helped nonprofit organizations address evolving challenges facing our neighbors. A healthy economy, robust workforce and vibrant communities cannot be sustained until we solve our housing crisis and create a welcoming environment for all who live here. In 2022, we focused more than \$150,000 to 22 organizations dedicated to finding housing solutions and committed to equity and justice.

- Amplify POC Cape Cod
- Barnstable No Place for Hate
- Big Brothers Big Sisters of Cape Cod and the Islands
- Cape Abilities
- Cape Cod Family Table Collaborative
- Cape Cod Times Needy Fund
- Champ Homes
- Colorful Kidz, Inc.
- Community Development Partnership
- Duffy Health Center
- FAIR (Financial Assistance In Reentry)
- F.O.R.W.A.R.D
- Habitat for Humanity of Cape Cod
- Harwich Ecumenical Council for Housing
- Homeless Prevention Council
- Housing Assistance Corporation
- Hyannis Public Library
- Island Cafe and Grill
- Lower Cape Outreach Council
- Plymouth Area Coalition for the Homeless
- The Cordial Eye
- YMCA Cape Cod





## PLYMOUTH AREA COALITION FOR THE HOMELESS

### Plymouth Area Coalition for the Homeless

149 Bishop's Highway · Kingston MA 02364  
781-582-2010 · 781-585-2869 Fax · Main Desk: 781-582-2010  
info@plymouthareacoalition.org

#### Leadership Team

Suzanne Giovanetti CHIEF EXECUTIVE OFFICER  
Moir Coffey CHIEF FINANCIAL OFFICER

#### Board of Directors

Greg Deems CHAIRMAN	Joni Traficante CLERK	Joe Macuch
John Ryan VICE CHAIRMAN	Linda Heenan	Cheryl Bartlett
Victoria Lobo-Pollitt TREASURER	Suzanne Crociati	Jim Hanna
	Suzanne Giovanetti	
	Michelle Koppang	

#### Mission

It is our mission to educate, empower, strengthen, nurture and assist individuals and families who seek shelter, food and other basic necessities so they may build on their strengths and experience their own potential as independent members of society.

**Family Shelter:** The Plymouth Area Coalition for the Homeless provides emergency assistance housing for families at the Pilgrim's Hope Shelter.

**Children Services:** The academic, physical, and emotional health of our youngest residents is a priority for the Coalition. The Children Services Coordinator oversees the shelter experience of all children in Pilgrim's Hope Shelter.

**Voice in the Night:** An invaluable resource to all individuals in need of support during times of crisis. A free resource and referral service, the Coalition maintains A Voice in the Night, 24 hours a day, 7 days a week. Collect calls are accepted. Voice in the Night phone line: 781-582-2010

**PACH Food Pantry:** Serving 22 communities with donations of food, personal care products, diapers, and baby food accepted 24 hours a day, seven days a week.

#### How can you help?

**Volunteer:** There are many ways to volunteer at the Coalition. You can help out as an individual, or as a group. Volunteer for an hour, or for a day.

**Donate To The Food Pantry:** Or assist clients, stock shelves and help the staff sort items.

**Children's Holiday Fund:** In partnership with the Community Newspapers and The Old Colony Memorial, and through the generous donations of the community, this remarkable program provides toys, gifts, and winter clothing, and Holiday Meal Baskets to deserving children in our South Shore communities.

**Event Fundraising:** Work with staff to plan and coordinate special event fundraising in support of the Coalition's programs and clients.

Information here taken from the PACH website.



## PILGRIM HALL MUSEUM

*America's Museum of Pilgrim Possessions*

### Pilgrim Hall Museum

75 Court Street  
Plymouth, MA 02360  
508-746-1620  
director@pilgrimhallmuseum.org

#### Mission

Pilgrim Hall Museum's mission is to foster thoughtful understandings of the *Mayflower* Pilgrims, the Wampanoag people, and the complex evolution of Plymouth Colony as an impactful narrative of America's founding.

Our 199-year old museum in historic Plymouth center offers exhibitions, programs, and educational activities for learners of all ages to encounter a meaningful past.

#### Goals

Connecting with local communities through programs, exhibits and events that illuminate the region's many histories.

#### Volunteer Opportunities

Join our gift shop staff, a great opportunity to meet visitors from all over and immerse yourself in the museum experience.

#### Giving Opportunities

Help us create the Plymouth Tapestry, a needlework masterpiece for the ages, being made entirely by hand for Pilgrim Hall Museum. When complete, the Tapestry will measure 120-feet in length with 20 exquisitely stitched scenes to be displayed as a treasured highlight of our

region's history. Donate online at [pilgrimhall.org](http://pilgrimhall.org)

#### Leadership Team

Peter L. Brown PRESIDENT  
Dr. Donna D. Curtin EXECUTIVE DIRECTOR  
Judith Fosdick VICE PRESIDENT  
Jane Ricardi TREASURER  
Jae Dunn RECORDING SECRETARY

*The Plymouth Area Coalition is an organization that is very special to us. Because of their dedication and commitment to helping those in need, they are impacting the lives of needy families and individuals every day.*

*We are also proud supporters of Pilgrim Hall Museum. The institution continues to be the Cornerstone of the Pilgrim and Indigenous people's legacy. The exhibits, artifacts, written documents, and books that chronicle our history are second to none.*

Peter Brown





From assisting  
the homeless to  
preserving our history,



[tinyandsons.com](http://tinyandsons.com)

you will find us  
at the heart of  
our community.







**Woolfie's**  
Bakery  
[woolfies.com](http://woolfies.com)

**We are proud to sponsor the  
Family Table Collaborative, where  
Love is always our secret ingredient!**

#### **Family Table Collaborative**

1338 MA-28, South Yarmouth MA 02664  
508-348-9777

[info@familytablecollaborative.org](mailto:info@familytablecollaborative.org)  
Registered 501(c)(3): 86-2876819

#### **Mission**

To improve nutritional security on Cape Cod by breaking down the barriers of access to both prepared meals and education, because what gets put in our bodies impacts both physical and mental health and healthier people create healthier communities.

#### **About/Services**

The Family Table Collaborative (FTC) distributes nutritious, prepared, free meals directly to

individuals and families. FTC was created in March 2020 as a rapid response program to address the immediate needs of families and seniors who struggled with food security due to the COVID-19 pandemic and has grown into a social enterprise which focuses on feeding people nutritionally dense, delicious meals, through teaming up with Community Partners, reducing waste and increasing sustainability. Their model combines social entrepreneurship and business sense to create real, sustainable change, because not all food is created equally and it matters. Beyond their capital campaign with sights to buy the property and build out their offerings, profits derived from The Commons at Riverway (events, marketplace,

pop ups) will be reinvested to run, sustain and grow the Family Table Collaborative.

#### **Stats**

FTC, which has grown from 150 volunteers in 2022 to over 400 volunteers in 2023, has prepared and distributed more than 110,000 meals and put over 25,000 lbs of rescued produce into our community.

#### **FTC Team Members**

Jeni Wheeler DIRECTOR CO-FOUNDER  
Harry Henry CO-FOUNDER

#### **How to Volunteer**

[www.familytablecollaborative.org/volunteer](http://www.familytablecollaborative.org/volunteer)

#### **How to Give**

[www.familytablecollaborative.org/donate](http://www.familytablecollaborative.org/donate)